

# VOCAL WARM-UP CHEAT SHEET

*An Easy Way to Improve the Sound of Your Choir*

The most important thing to remember is the order:  
**Low Voice, High Voice, Medium Voice**  
(a.k.a. Chest, Head, Mix)

You can insert any of your favorite warm-ups or use the ones below.  
*Change vowels and ranges to suit the needs of your ensemble.*

## Low



Musical notation for Low voice warm-up. The notation is on a single treble clef staff in 4/4 time. It consists of three measures, each with a different key signature: C major, D major, and B-flat major. Each measure contains a half note followed by a dotted half note, with a slur over both. The notes are: C4, D4, E4, F4, G4, A4, B4, C5. Below the staff, the lyrics are: "Hmm \_\_\_\_\_ aw" for each measure. The word "etc." is at the end of the third measure.

## High



Musical notation for High voice warm-up. The notation is on a single treble clef staff in 4/4 time. It consists of three measures, each with a different key signature: D major, B-flat major, and D major. Each measure contains a half note followed by a dotted half note, with a slur over both. The notes are: D4, E4, F4, G4, A4, B4, C5. Below the staff, the lyrics are: "Yaw, \_\_\_\_\_" for each measure. The word "etc." is at the end of the third measure.

## Medium



Musical notation for Medium voice warm-up. The notation is on a single treble clef staff in 4/4 time. It consists of three measures, each with a different key signature: D major, D major, and B-flat major. Each measure contains a half note followed by a dotted half note, with a slur over both. The notes are: D4, E4, F4, G4, A4, B4, C5. Below the staff, the lyrics are: "Yah, \_\_\_\_\_" for each measure. The word "etc." is at the end of the third measure.

**Get the Free DEMO Video**  
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MICHAEL JOHN TROTТА COMPOSER

Fueled by a passion to share new music that engages conductors, ensembles, and audiences alike, Michael John Trotta (b.1978) is fast becoming one of the most exciting and prominent new composers of choral music. Drawing on his experience as a conductor and clinician, he brings artistry and excellence within reach for thousands of musicians each year.



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## Low



Hum \_\_\_\_\_ aw                      Hum \_\_\_\_\_ aw                      Hum \_\_\_\_\_ aw                      *etc.*

## High



Yaw, \_\_\_\_\_                      Yaw, \_\_\_\_\_                      Yaw, \_\_\_\_\_                      *etc.*

## Medium



Yah, \_\_\_\_\_                      Yah, \_\_\_\_\_                      Yah, \_\_\_\_\_                      *etc.*

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